

2026 Educational Seminar

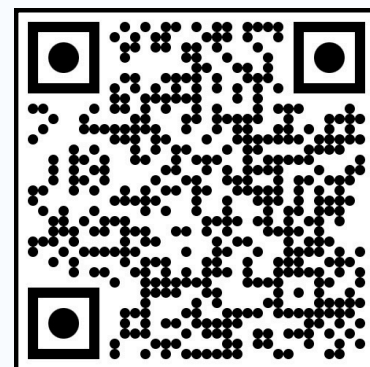


TEHW
Transit Employees'
Health and Welfare Plan

Join Transit Employees' Health and Welfare in partnership with ATU Local 689 for their Annual Educational Seminar!

Discover important updates on medical, dental, vision, and prescription benefits.

Learn about 689 Moving Metro's wellness platform, new hearing benefits, Short and Long Term Disability coverage, Supplemental Life Insurance, retirement, pension, and much more!



March 21, 2026



10:00 AM - 1:00 PM



**2701 Whitney Place
District Heights, MD 20747**

**This event will also be virtual.*

Scan the QR code to join
the Zoom.

Send your questions to
info@atulocal689.org

FEATURED VENDORS



**METLIFE
INSURANCE**



**KAISER
PERMANENTE**



**CIGNA
HEALTHCARE**



CAREFIRST



CAPITAL RX



**BIRDSONG
HEARING**



**NATIONAL
GROUP
PROTECTION**



**WASHINGTON
METROPOLITAN
AREA TRANSIT
AUTHORITY (WMATA)**



**689 MOVING
METRO**



**TRANSIT EMPLOYEES'
HEALTH AND
WELFARE PLAN**



**EXPRESS
SCRIPTS**



**NATIONAL VISION
ADMINISTRATORS
(NVA)**