



TRANSIT EMPLOYEES' HEALTH AND WELFARE PLAN
2701 WHITNEY PLACE
DISTRICT HEIGHTS, MARYLAND 20747
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Retiree Dental Election Form

For the 2025 benefit year, all retirees are eligible to enroll in TEHW dental benefits. If you are currently enrolled in a medical plan, you must choose one of the following dental plans for yourself or your family:

- CareFirst Dental**
- CareFirst Dental with Orthodontics**
- CIGNA Dental**

Enrollment in a dental plan is *mandatory*. All retirees enrolled in medical benefits *must* select a dental plan, with coverage effective January 1, 2025.

Retirees currently enrolled in CareFirst or Cigna Dental COBRA plans will be automatically transitioned to the corresponding non-COBRA CareFirst Dental or Cigna Dental plan, effective January 1, 2025, if no changes are made during the open enrollment period

Name

Employee #

Signature

Date

**EXECUTIVE DIRECTOR
JAMES L. MCGEE, MBA, CEBS**