



Being physically active is an important part of a healthy lifestyle.

The more you do, the greater the health benefits!

Join our Fitbit program & be physically active your way!



Earn up to \$400/year in health insurance premium discounts!

Step Goal (60/90 days per quarter)	Quarterly Wellness Credit	Potential Yearly Wellness Credit
Between 4000-7400	\$10	\$40
7500	\$25	\$100
10k	\$50	\$200
15k	\$75	\$300
20k	\$100	\$400

Earning your discount is easy as 1-2-3!

- 1) Join the Fitbit program & select your step goal
- 2) Meet or exceed your target step goal 20 days per month (or 60 days per quarter)
- 3) Get rewarded!



Discounts will be processed automatically through payroll and will show up as a lower health insurance premium in your paycheck.

Approximate months for rewards to show up in 2021: April, July, October & January 2022

Questions?

Email us!

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