

Contribution Rates

Contributions/Basic Rates Through December 31, 2019

The charts below show the costs for the various coverage options effective January 1, 2019 — December 1, 2019

Active Employees' 2019 Contributions

Medical/Vision Plan		With CareFirst Dental		With CIGNA Dental	
		Full-Time	Part-Time	Full-Time	Part-Time
Kaiser Permanente Medical and NVA Vision	Single Family	\$129.64 \$343.74	\$257.97 \$671.95	\$128.90 \$342.29	\$256.49 \$669.14
BlueChoice HMO Medical and Davis Vision*	Single Family	\$119.09 \$312.32	\$238.79 \$615.29	\$118.35 \$310.87	\$237.31 \$612.48
CareFirst PPO Medical and Davis Vision*	Single Family	\$178.35 \$445.01	\$371.79 \$918.48	\$177.61 \$443.56	\$370.31 \$915.67
Supplemental Orthodontic	Single Family	\$ 3.54 \$ 9.35	\$ 3.54 \$ 9.35	n/a	n/a

* CareFirst PPO medical coverage is only available to employees hired before **October 1, 2015**. (Employees hired on or after October 1, 2015 are eligible to elect CareFirst PPO medical coverage after completing 39 months of service from the date of hire.)

Survivors of Active Employees 2019 Contributions

Medical/Vision Plan		With CareFirst Dental	With CIGNA Dental
Kaiser Permanente Medical and NVA Vision	Single: Family:	\$118.46 \$312.52	\$117.72 \$311.07
BlueChoice HMO Medical and Davis Vision	Single: Family:	\$110.47 \$289.33	\$109.73 \$287.88
CareFirst PPO Medical and Davis Vision	Single: Family:	\$189.04 \$472.44	\$188.30 \$470.99
Supplemental Orthodontic	Single: Family:	\$ 3.54 \$ 9.35	

Retired Employees and Survivors of Retirees 2019 Contributions

Medical/Vision Plan		Normal/Disability	Medicare	Survivors of Retirees	Survivors of Retirees on Medicare
Kaiser Permanente Medical and NVA Vision	Single:	\$113.78	\$ 53.81	\$111.84	\$ 51.87
	Family:	\$297.37		\$295.43	
	Family — 1 Medicare Family — 2 Medicare		\$167.71 \$107.97		\$165.77 \$106.03
BlueChoice HMO Medical and Davis Vision	Single:	\$106.19	\$ 70.79	\$104.25	\$ 68.85
	Family:	\$274.57		\$272.63	
	Family — 1 Medicare Family — 2 Medicare		\$215.45 \$157.57		\$213.51 \$155.63
CareFirst PPO Medical and Davis Vision	Single:	\$184.76	\$123.87	\$182.82	\$121.93
	Family:	\$457.76		\$455.82	
	Family — 1 Medicare Family — 2 Medicare		\$351.32 \$267.39		\$349.38 \$265.45

Retired Employees with an Early Pension 2019 Contributions

Medical/Vision Plan		Age 60-64 at retirement		Age 55-59 at retirement		Age 50-54 at retirement	
		Pre-Medicare	Medicare	Pre-Medicare	Medicare	Pre-Medicare	Medicare
Kaiser Permanente Medical and NVA Vision	Single:	\$165.95	\$ 81.94	\$218.12	\$110.06	\$244.20	\$124.12
	Family:	\$433.00		\$568.62		\$636.43	
	Family — 1 Medicare Family — 2 Medicare		\$262.07 \$169.93		\$356.43 \$231.89		\$403.60 \$262.86
BlueChoice HMO Medical and Davis Vision	Single:	\$153.88	\$103.02	\$201.58	\$135.25	\$225.42	\$151.37
	Family:	\$396.81		\$519.05		\$580.16	
	Family — 1 Medicare Family — 2 Medicare		\$313.95 \$227.62		\$412.46 \$297.67		\$461.71 \$332.69
CareFirst PPO Medical and Davis Vision	Single:	\$254.23	\$171.62	\$323.69	\$219.37	\$358.42	\$243.25
	Family:	\$628.02		\$798.28		\$883.41	
	Family — 1 Medicare Family — 2 Medicare		\$483.79 \$368.84		\$616.26 \$470.29		\$682.49 \$521.02

MetLife Term Life Insurance 2019 Rates

Age Band	\$10K	\$35K	\$50K	\$75K	\$100K	\$150K	\$200K	\$250K	\$300K	\$400K	\$500K
Less than 25	\$0.45	\$1.58	\$2.25	\$3.38	\$4.50	\$6.75	\$9.00	\$11.25	\$13.50	\$18.00	\$22.50
25-29	\$0.54	\$1.89	\$2.70	\$4.05	\$5.40	\$8.10	\$10.80	\$13.50	\$16.20	\$21.60	\$27.00
30-34	\$0.72	\$2.52	\$3.60	\$5.40	\$7.20	\$10.80	\$14.40	\$18.00	\$21.60	\$28.80	\$36.00
35-39	\$0.81	\$2.84	\$4.05	\$6.08	\$8.10	\$12.15	\$16.20	\$20.25	\$24.30	\$32.40	\$40.50
40-44	\$0.90	\$3.15	\$4.50	\$6.75	\$9.00	\$13.50	\$18.00	\$22.50	\$27.00	\$36.00	\$45.00
45-49	\$1.44	\$5.04	\$7.20	\$10.80	\$14.40	\$21.60	\$28.80	\$36.00	\$43.20	\$57.60	\$72.00
50-54	\$2.30	\$8.05	\$11.50	\$17.25	\$23.00	\$34.50	\$46.00	\$57.50	\$69.00	\$92.00	\$115.00
55-59	\$3.74	\$13.09	\$18.70	\$28.05	\$37.40	\$56.10	\$74.80	\$93.50	\$112.20	\$149.60	\$187.00
60-64	\$5.56	\$19.46	\$27.80	\$41.70	\$55.60	\$83.40	\$111.20	\$139.00	\$166.80	\$222.40	\$278.00
65-69	\$10.38	\$36.33	\$51.90	\$77.85	\$103.80	\$155.70	\$207.60	\$259.50	\$311.40	\$415.20	\$519.00
70+	\$16.83	\$58.91	\$84.15	\$126.23	\$168.30	\$252.45	\$336.60	\$420.75	\$504.90	\$673.20	\$841.50