

Contributions/Basic Rates Through December 31, 2016

This page lists the costs for the various coverage options effective January 1, 2016 — December 31, 2016

Contributions for Active Employees

Medical/Vision Plan		With CIGNA Dental		With CareFirst Dental	
		Full-Time	Part-Time	Full-Time	Part-Time
Kaiser Permanente Medical and NVA Vision	Single Family	\$ 97.63 \$258.22	\$220.56 \$575.86	\$ 98.99 \$261.30	\$223.13 \$581.52
BlueChoice HMO Medical and Davis Vision*	Single Family	\$ 91.74 \$241.02	\$205.05 \$529.69	\$ 93.10 \$244.10	\$207.62 \$535.35
CareFirst PPO Medical and Davis Vision*	Single Family	\$175.22 \$437.17	\$346.63 \$855.71	\$176.58 \$440.25	\$349.20 \$861.37
Supplemental Orthodontic	Single Family	n/a	n/a	\$ 8.58 \$27.44	\$ 8.58 \$27.44

* CareFirst PPO medical coverage is only available to employees hired before **March 1, 2013**. (Employees hired on or after March 1, 2013 are eligible to elect CareFirst PPO medical coverage after completing 39 months of service from the date of hire.)

**Plan Options:
\$300,000 and \$400,000**

MetLife Term Life Insurance Rates

Age Band	\$10K	\$35K	\$50K	\$75K	\$100K	\$150K	\$200K	\$250K	\$300K	\$400K
Less than 25	\$0.50	\$1.75	\$2.50	\$3.75	\$5.00	\$7.50	\$10.00	\$12.50	\$15.00	\$20.00
25-29	\$0.60	\$2.10	\$3.00	\$4.50	\$6.00	\$9.00	\$12.00	\$15.00	\$18.00	\$24.00
30-34	\$0.80	\$2.80	\$4.00	\$6.00	\$8.00	\$12.00	\$16.00	\$20.00	\$24.00	\$32.00
35-39	\$0.90	\$3.15	\$4.50	\$6.75	\$9.00	\$13.50	\$18.00	\$22.50	\$27.00	\$36.00
40-44	\$1.00	\$3.50	\$5.00	\$7.50	\$10.00	\$15.00	\$20.00	\$25.00	\$30.00	\$40.00
45-49	\$1.60	\$5.60	\$8.00	\$12.00	\$16.00	\$24.00	\$32.00	\$40.00	\$48.00	\$64.00
50-54	\$2.60	\$9.10	\$13.00	\$19.50	\$26.00	\$39.00	\$52.00	\$65.00	\$78.00	\$104.00
55-59	\$4.60	\$16.10	\$23.00	\$34.50	\$46.00	\$69.00	\$92.00	\$115.00	\$138.00	\$184.00
60-64	\$6.80	\$23.80	\$34.00	\$51.00	\$68.00	\$102.00	\$136.00	\$170.00	\$204.00	\$272.00
65-69	\$12.70	\$44.45	\$63.50	\$95.25	\$127.00	\$190.50	\$254.00	\$317.00	\$381.00	\$508.00
70+	\$20.60	\$72.10	\$103.00	\$154.50	\$206.00	\$309.00	\$412.00	\$515.00	\$618.00	\$824.00

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Retired Employees and Survivors of Retirees

Medical/Vision Plan		Normal/Disability	Medicare	Survivors of Retirees	Survivors of Retirees on Medicare
<i>Kaiser Permanente Medical and NVA Vision</i>	Single:	\$ 90.81	\$ 48.91	\$ 90.60	\$ 48.70
	Family:	\$242.39		\$242.18	
	Family — 1 Medicare Family — 2 Medicare		\$131.73 \$101.32		\$131.52 \$101.11
<i>BlueChoice HMO Medical and Davis Vision</i>	Single:	\$ 85.32	\$ 56.69	\$ 85.11	\$ 56.48
	Family:	\$225.59		\$225.38	
	Family — 1 Medicare Family — 2 Medicare		\$176.63 \$139.11		\$176.42 \$138.90
<i>CareFirst PPO Medical and Davis Vision</i>	Single:	\$168.80	\$114.12	\$168.59	\$ 113.91
	Family:	\$421.81		\$421.60	
	Family — 1 Medicare Family — 2 Medicare		\$330.44 \$253.87		\$330.23 \$253.66

Survivors of Active Employees

Medical/Vision Plan		With CIGNA Dental	With CareFirst Dental
<i>Kaiser Permanente Medical and NVA Vision</i>	Single:	\$ 96.06	\$ 97.42
	Family:	\$256.65	\$259.73
<i>BlueChoice HMO Medical and Davis Vision</i>	Single:	\$ 90.17	\$ 91.53
	Family:	\$239.45	\$242.53
<i>CareFirst PPO Medical and Davis Vision</i>	Single:	\$173.65	\$175.01
	Family:	\$435.60	\$438.68
<i>Supplemental Orthodontic</i>	Single:		\$ 8.58
	Family:		\$ 27.44

Retirees who retire with an Early Pension

Medical/Vision Plan		Age 60-64 at retirement		Age 55-59 at retirement		Age 50-54 at retirement	
		Pre-Medicare	Medicare	Pre-Medicare	Medicare	Pre-Medicare	Medicare
<i>Kaiser Permanente Medical and NVA Vision</i>	Single:	\$135.27	\$ 74.72	\$179.69	\$100.53	\$201.91	\$113.43
	Family:	\$360.70		\$478.98		\$538.13	
	Family — 1 Medicare Family — 2 Medicare		\$214.45 \$160.43		\$297.16 \$219.54		\$338.52 \$249.10
<i>BlueChoice HMO Medical and Davis Vision</i>	Single:	\$125.95	\$ 83.84	\$166.53	\$111.00	\$186.63	\$124.57
	Family:	\$332.33		\$439.03		\$492.36	
	Family — 1 Medicare Family — 2 Medicare		\$262.64 \$202.77		\$348.66 \$266.44		\$391.66 \$298.27
<i>CareFirst PPO Medical and Davis Vision</i>	Single:	\$232.65	\$158.10	\$296.48	\$202.08	\$328.39	\$224.07
	Family:	\$580.49		\$739.12		\$818.43	
	Family — 1 Medicare Family — 2 Medicare		\$455.80 \$350.42		\$581.16 \$446.96		\$643.84 \$495.23